



Summer 2023

» Our Class of 2023 had a wonderful evening of food, fun and festivities at Powderham Castle for their Year 11 Prom.

Students arrived in style, with lots of weird and wonderful modes of transport, from horse and carriage to a steam engine that was too heavy to pass over the small bridge along the castle road!

It was lovely to see a large staff presence to bid this special year group farewell and celebrate the end of a successful secondary education.

The students had a posh buffet dinner surrounded by the amazing views from the rose terrace within the castle walls, with clear views of the estuary and inquisitive deer strolling past occasionally.

The night finished with an energetic disco in the riding school barn, which saw lots of red-faced young people with sore feet and lost voices dance late into the evening, enjoying the company and the occasion.

It has been a pleasure to work with this year group – they have been determined and resilient following the disruption to their learning and routines caused by Covid and they have come through this challenge with flying colours.

We are looking forward to GCSE results day and congratulating the students on some outstanding individual and collective achievements.

We would like to wish all students and their families a brilliant summer and the very best of luck for the future.





WES Primary Sports Provision - Dance workshop success

» In June we saw the start of a 3 week Dance workshop which our local primary schools were invited to take part in.

We had Bowhill, Ide, St Thomas and we welcomed Exwick Heights to our growing partnership. The first week we had two amazing Year 10 students Abi B and Katie B who led the dance session and then Mrs Blackburn led the second. The final week was led by Abi B who taught them a fantastic street dance routine. All the students and staff commented on how much they enjoyed the Dance workshop.

Well done to all who took part.



Exeter & District Athletic Trials

Success

» In May we took a small group of students to take part in the Exeter and District Athletic Trials.

The athletic meet consisted of schools in the Exeter area along with Tiverton and Blundell's. The events were organised as Year 7, plus the Junior (Year 8 & 9) and Intermediate (Year 10).

The results were:

Olaf R – 5th in Year 7 800M

Jaxon K - 7th in Junior Boys 800M

Georgia H - 9th in Junior girls 800M

Leo DC - 3rd in Junior boys 1500m

Sophia I – 1st in Junior Girls 100M and 1st in Junior girls long jump.

Leo and Sophia are now through to represent the Exeter and District team versus East Devon.

Sophia and Leo both competed against Year 9 competitors which is particularly impressive.

Sophia also produced 2 personal best performances in her events;

100M 13.05 secs

Long Jump- 5.20M.

Well done to our students who took part, you are a real credit to our school!



Well done to the Year 9 Netball Team who played in the Ted Wragg Central Venue League in March. The team played really well in difficult conditions and were playing against predominantly Year 10 teams from the local Ted Wragg schools.

We had 7 players and therefore no subs so every player played with a huge amount of commitment and energy to perform in each match.

In the last 2 matches Abby N unfortunately picked up an injury and so we were down to 6 players for the final two matches.

The results were as follows:

WES v St James 1-0 won

WES v ISCA 2 Drew 1-1

WES v ISCA 1 lost 3-6

WES v QE Drew 2-2

WES v St Lukes 1-0 won

WES v St James (2) 4-3



WES hosts new sport Pickleball

» On Monday and Tuesday WES held the first Pickleball course in the area.

Pickleball is an up and coming sport which WES is keen to support. Watch this space for clubs in your community.

Some of our Sports Leaders attended the course and were accredited with the Pickleball Leaders certificate.

If you want to find out more about this exciting new sport, copy and paste the link below.

<https://youtu.be/kqLRRNOpe8U>



Day of Sport – 28 June 2023

» As part of our House week activities, we saw the introduction of a new Day of Sport, a more inclusive and extensive programme of sport for all our students and an opportunity for them to demonstrate our WES attributes. All students in years 7-10 were assigned to a team (4 teams per House per year) and competed in 3 different sports activities over the course of the day. The 8 activities included: ultimate frisbee, basketball, table tennis, netball, football, handball, volleyball and dodgeball (these rotated so that everyone competed in each activity). Activities took place on the school site and Barton Fields. The format gave everyone an opportunity to be involved in a variety of performing and supporting roles. All WES staff (teaching and non-teaching) were involved as team managers and supported the involvement of their team in the events during the day. Over 484 certificates for demonstrating the WES attributes and fair play were issued – well done to all recipients. It was so nice to see so many students involved, competing and having fun – the feedback from staff and students suggests the day was a real hit!

After all the competitions the final results were:

Year 7

Romero 1st
Malala 1st
Boyan 3rd
Daley 4th

Year 8

Daley 1st
Boyan 2nd
Malala 3rd
Romero 4th

Year 9

Boyan 1st
Malala 2nd
Daley 2nd
Romero 4th

Year 10

Boyan 1st
Malala 2nd
Romero 3rd
Daley 4th

Fair Play

Malala 1st
Boyan 2nd
Daley 3rd
Romero 4th

Overall result

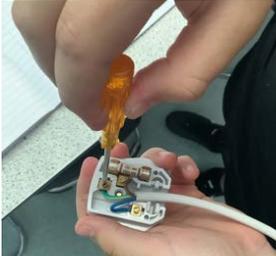
Boyan

Congratulations to Boyan House who are overall champions this year. We will be offering a more traditional Sports day in the Autumn term where students will be able to compete in the athletics events against the other Ted Wragg Trust schools.

**Thank you to all
our families for all of
your continued support.
Our students couldn't
do it without you!**

OPPORTUNITIES at West Exe

» In Physics Year 8 have been learning about electrical safety and have rewired plugs! Well done to Erin D and Eva C who were the quickest!!



» A great night of Science with Alphington 17th Cubs. A focus on sound and energy transfers. Lots of fun was had generating sound waves and Star Wars slinky!

Extra thanks to Judith Mudge and Roy Couzens for helping to prepare these sessions!



» Our dedicated Anti-bullying ambassadors trained up some of our wonderful mental health ambassadors in anti-bullying. A huge well done to Immy, Imogen and Lucy for leading the training.



» Andy Hannan of Exeter Strollers Walking Football Club had a cardiac arrest whilst playing walking football at Wonford Sports Centre in November 2020. Luckily, two years earlier, as Chair of the club, he had obtained funding from Devon County Council to buy a defibrillator (AED) which was used to revive him with a huge electric shock after his heart had stopped beating. Along with CPR (chest compressions) from a teammate, this saved his life.

After Andy's subsequent heart surgery, the manufacturer of the defibrillator, Stryker, through its 'Forward Hearts' scheme, gave him a new AED to donate to a community organisation of his choice - which he donated to Exwick Community Centre. Much to his surprise, some months later, Stryker sent him another AED which he chose to give to West Exe School via the Exwick Community Association, a registered charity. Although the school already had an AED, with the additional number of students on roll - this created a further potential need. This arrangement was suggested to Andy by Di Hollidge, Resuscitation Officer at the RD&E, following an emergency first aid course he attended at the hospital.

Julie Fossey (Headteacher West Exe School) - I would like to extend a huge West Exe thank you to Andy and Stryker for a truly life-saving donation to our school. Not only does this benefit the students and staff during the school day, but it supports every community member who enjoys our facilities during the evening and weekend sessions on offer.



ART at West Exe

» The corridors are alive with the landscape of Devon.. we've updated our displays with a warm and bright welcoming display of artwork across the year groups and clubs.



» Year 8 have been exploring Pop Art this term. Looking at bold colours, pattern and strong outlines all important features of the Pop Art movement. This project concluded with some vibrant 3D food designs demonstrating all the skills learnt during project. Well done Year 8!

» Year 7 and 8 drew local buildings in the style of artist Minty Sainsbury. By leaving some areas blank and focusing in on the detail in one building, these brilliant drawings have been made.



» Year 7 enjoyed designing and making their own unique patterns. They were inspired by patterns from around the World and then added their own modern and personal motifs.



Ten Tors, Jurassic Walk...at WEST EXE

Ten Tors 27-30 April 2023

➤ This year we started our training with 32 students, over 12 progressively challenging training walks and wild camps, we ended up with 13 students for 2 teams – one 45 mile team and one 35 mile team. The 0500 hrs starts and the challenges of the different weather conditions only added to the resilience of our students. Our students and staff braved snow blizzards, thick mist and battled the wind and rain without complaint in their preparations for the final challenge.

This year had a slightly earlier date of 27- 30 April (it will be back to 10-12 May 2024). Our teams were well prepared and ready for the challenge. The 35 team – Will, Teni, Fleur, Aimee, Georgia, Owen (with Natan as reserve). The 45 team – Jacob, Evan, Holly, Evie, Joe, Abby. Both teams completed the event, the 45 team were so early in on Sunday we nearly missed their arrival! We're so proud of each and every participant as they received their medals on the finish podium.

The commitment these student have shown and the camaraderie they have developed through their involvement epitomises all of the WES attributes and has given them an experience they will remember forever. Many have already enrolled for next year! – Training starts in October for next year's event.



Jurassic Coast Challenge – June 23 2023

➤ After several years absence (due to Covid), it was so nice to see WES fully involved in the JCC event this year. The Jurassic Coast Challenge is a one-day walking challenge for teams of 4-6 students, starting at Lyme Regis. Participants walk independently on the Coast Path to Branscombe, Sidmouth or Budleigh Salterton with distances of 16km, 26km and 37km for the Bronze, Silver and Gold distances. Groups need to meet cut-off times to be allowed to continue to the Silver and Gold distances. We had over 100 year 8 students sign up for this event and after a coastal practice walk in the half-term holiday we ended up with 74 students/14 teams on the starting line. An early 0500 hrs coach start, saw every single student on time for the journey to Lyme Regis!

On the day, all our teams managed to finish either the Bronze or Silver routes and we are so proud of their achievements. For many, this will be the start of their DofE or Ten Tors journey and we look forward to seeing how they develop their navigation and walking skills further.



»Tia, Demi, Kieron and Alex in Year 9 have been involved in the AQA and Dame Kelly Holmes Trust 'Unlocking Potential' programme during this school year. AQA Unlocking Potential aims to help raise students' aspirations and expectations on future life goals, from school into education, training, and employment, pushing them out of their comfort zone. Their brief was to devise a social action project to help with an issue in their local community. They were assigned an athlete mentor to help them, David Hill, a Paralympian who competed as a swimmer and a tri-athlete. Working with David, they chose to support those in food poverty and the homeless in Exeter. They contacted St Petrock's charity and Exeter Foodbank to ask if they could join forces. They decided to cook a hot lunch for



St Petrock's and to collect food for the Foodbank, including items needed by rough sleepers. In June they introduced their project in school by running an assembly. They did their collections



and gathered items to donate. On 27 June they cooked a delicious vegetarian pasta bake and apple crumble meal which they delivered to St Petrock's. They then visited Exeter Foodbank, where they helped sort items ready for clients and talked to Mark about the work of the Foodbank and the issue of food poverty in our city. On July 4 they joined



David Hill and went to London for a celebration event to mark the successful completion of their project. Whilst there, the students met Exeter MP Sir Ben Bradshaw, who is a patron of St Petrock's. Congratulations Tia, Demi, Kieron, and Alex on their teamwork throughout the year, their resilience and determination to make their project a success. They have gained greatly from the programme and have helped two excellent local charities. We are very proud of them and their work.....

Exe Valley Challenge - Sunday 9 July 2023

» The principle aim of this event is to encourage participants to challenge themselves as individuals and learn to work together as a team in a fun and safe environment to complete a 10-mile walking challenge along the Exe River. Year 7 students competed in teams of 4 to complete the course. They were checkpointed along the way and had to complete some challenge questions along the way ie a treasure hunt – they received points for accurate timing (penalty points if they were too early or too late) and points for accurate answers. The team with the fewest penalty points on completion was the winner. WES had 9 teams entered for the event, with all teams completing the challenge. This year, WES smashed the competition, taking all 3 senior trophies on the day – Senior Boys, Senior Girls and Senior Mixed team. We are so proud of all the students who took part but a special mention to the winners:



- Boys: Zach E, Josh H, Dylan P, Owen K
- Girls: Chloe H, Ellie H, Nicole Y, Roslyn B
- Mixed team: Ivan C, Alice P, Alex R, Benjamin W

Duke of Edinburgh Awards

» This year WES has continued to support our students in the completion of their Bronze and Silver DofE awards. We had 27 Bronze participants and 8 Silver participants. The benefits of achieving a DofE Award at any level are endless. DofE is about helping young people along the path to a productive and prosperous future. As many of our participants say, *'it's life-changing'*. Achieving an Award will give students skills, confidence and an edge over others when applying for college, university or a job. Beyond their academic achievements, universities want to see evidence the 'soft skills' that they have developed through extra-curricular activities, such as communication, commitment, leadership and teamwork. The DofE Award is a fantastic way to demonstrate and evidence these skills in practice. Our participants also tell us that doing their DofE gives them character traits like confidence and resilience, that can boost their mental health and wellbeing and help them face and overcome personal challenges.

The Bronze students have now completed their volunteering, skills and physical sections for the 3-6 months and finished their award with their qualifying expedition on 24-25th June 2023 with many of them receiving their awards at the Sports, Health and Nutrition Celebration Evening.

The Silver participants have to complete sections for longer and will be completing their qualifying expedition on July 25-27 - we wish them good luck on their journeys.

This year our students have shown great commitment and variety in their volunteering, from running school sports clubs for Year 7's, to being involved in beach cleans, litter picking in the community to name but a few – with over 364 hours of volunteering. This is a fantastic achievement and we are so proud of the work they do both in the school and local community.



Staff Sponsored Walk

» Even the staff have embraced the outdoor challenge this term!

On July 1st WES staff took to the coastal path to raise money for our school charities and the Ten Tors resilience fund. They started at Otterton and walked a circular walk along the coastal path.



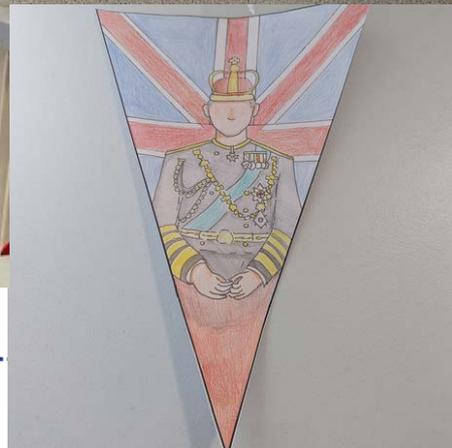
Thank you to everyone who took part!



CELEBRATIONS at West Exe

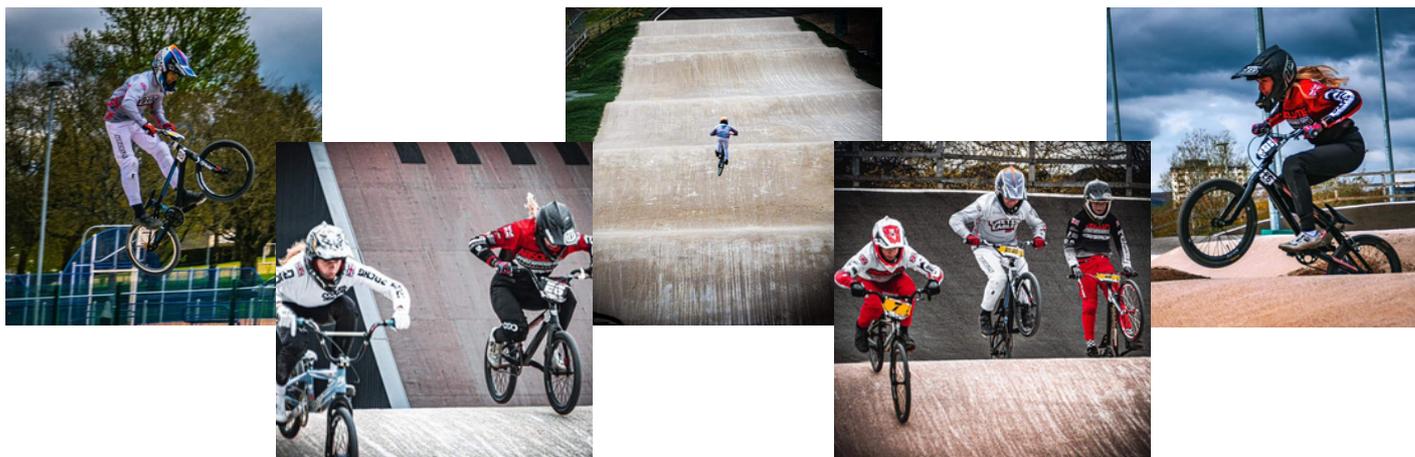
» Students at West Exe started the Coronation celebrations early by taking part in the WES Coronation Bunting competition.

Every student in Years 7-10 took part in designing their own piece of Coronation bunting which was proudly on display in the central hub of West Exe School.



» Amelie, George, Jack, Laila, Natan, Stanley, Teniola, Tobias, Tom, and Will entered their Project mAVES, a sustainable urban air mobility system, into the Big Bang Competition and made it to the final. They have the next round of judging to compete for the @BigBangUKSTEM Special Award: The Network Rail Innovation in Transport Award.

» Lucas in Y9 and Evie in Y11 are training for the World BMX Championships. Both of them took 1st place in the South West Regional in Bideford in May (Male 14s and Female Regional Elite, respectively). Congratulations Lucas and Evie and good luck in Glasgow in August!



CELEBRATIONS at West Exe continued

» Aoife Yr7 has been recognised by Topsham Girls Rugby Club, in their junior section awards ceremony as most improved in the under 12 group. Photo of Aoife receiving her award from Jacques Vermeulen who plays for Exeter Chiefs.

A success to celebrate and a great turning point in girls team sports.

Well Done!



» In June the Music Department held their Summer Concert. It truly was a wonderful evening with such positive feedback about how amazing every single performance was. The evening was made even more special thanks to our very first transition choir which was comprised of some wonderful students from our local primary schools. During the evening the transition choir was also joined by the West Exe Choir.



It was a heart warming evening to remember with our students demonstrating just how talented they are. We are so incredibly proud of every student who took part, both in the concert and supporting behind the scenes.

A special thanks to Devon Music Hub who have supported us in making the transition choir a success and to Alphington and Montgomery Primary schools for joining us for their wonderful performances.

Abigail N won the Devon County 200m Individual Medley Junior Champion 2023 back in January. She went to Regionals in April, swam 12 different events and came 2nd in 200m Individual Medley and 3rd in 800m Freestyle. She has qualified for English Nationals, which will be held in Sheffield at the beginning of August this year for 200m Individual Medley and 400m Individual Medley Events. Photos of the Devon County Champion Trophy, which Sharon Davies has previously won, several times. Abigail with her Silver and Bronze medals from Regionals and Abigail in her printed t-shirt for Nationals 2023.





Join us @ WEST EXE SCHOOL Hatherleigh Road Exeter
EX2 9JU
Every
THURSDAY 7PM

ALL LEVELS & AGES WELCOME

Strength, Tone, Stretch

Your body into a better & fitter you!

Improve your posture and become leaner

Charge: £7 per session or buy 10 for £60 (valid for 4 months)

Contact Petra on 07745823565 or
petra.jan@hotmail.com for more info & to book space

Exwick Tennis club In partnership with:

"Inclusive Tennis for all"

BODY CONDITIONING ALL WELCOME (14yrs+)
Free Children's Football 2-15 yrs available 6-7pm

EVERY MONDAY
26th JUNE - 31st JULY
6-7PM

FREE OF CHARGE

Merrivale Park
37 Newman Rd, Exeter
EX4 1PJ
What Three Words: ///festivity.tribe. form

@annajfitness2018
annajfitness@gmail.com

BOOK NOW AND GET WITH THE GAME

LTA YOUTH

Visit lta.org.uk/youth

THEATRE TRAIN DANCE ACT SING

OUTSTANDING PERFORMING ARTS CLASSES FOR 4 - 18 YEAR OLDS

Find us at West Exe School, Hatherleigh Road, Exeter, EX2 9JU, 10am - 1pm

Classes run on Saturdays

To register for a taster session or for further info please visit www.theatrain.co.uk/exeter

Contact us on 01392 914066 or exeter@theatrain.co.uk

BELIEVE ACHIEVE EXCEED
in yourself your dreams expectations

Book a taster session today

St Martins FC
NEW PLAYERS WELCOME

Every Friday
West Exe School

7PM-8PM
WHATSAPP NORMAN
07983 616 166

OVER 50'S FOOTBALL

READY STEADY GO-KART PARTY!

PARTIES AVAILABLE INDOORS OR OUT

A fun, safe and exciting party option for boys and girls aged 4-10 years.

We arrange the venue, provide the invitations, run the party, we can even provide medals!

"We drove go-karts for my birthday and I won. It was the best party ever!"
-Gina, aged 7

START TO FINISH, WE DO IT ALL.

Call Nathan on: **07703 719 402**
www.gokartpartysw.co.uk nathan@go-kartparty.co.uk
facebook.com/GoKartPartySW

PLAY NETBALL

COWICK CATS NETBALL CLUB WELCOMES ALL

WE ARE A FRIENDLY COMMUNITY CLUB IN EXETER, WITH TEAMS RANGING FROM PRE-SCHOOL TO LADIES, PERFORMANCE SQUADS AND SOCIAL TEAMS WHATEVER YOUR LEVEL, YOU'RE WELCOME TO PLAY

COME AND BE A PART OF SOMETHING SPECIAL

FOR MORE INFO EMAIL COWICKCATSNETBALLCLUB@GMAIL.COM

FIRST TWO SESSIONS FREE

www.cowickcats.net



It is important that we have the correct email address and mobile telephone number for every parent/carer.

Please inform us at admin@westexe.devon.sch.uk if there are any changes to your contact details, stating the name and year/tutor for your child/ren.

Thank You

- Have your circumstances changed?
- Is your child eligible for Free School Meals?
- Is your child a service child?
- Is your child adopted from care, or left care under a special guardianship or residential order?

My Child at School MCAS



West Exe School
community • opportunity • success



Give consent for events

Report an absence

Top up Dinner Money

Have you set up your 'My Child at School' (MCAS) account to do the following...

Make payments

Give consent for trips and clubs

Message the school

Emails from the School will go directly to your inbox, please check your spam folder too
Email admin@westexe.devon.sch.uk for support



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023



moneysavingcentral.co.uk/kids-eat-free

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

M&S

Free Kid's Munch Meal when you spend £5+ on non-kids food or drink at M&S Cafés

TRAVELODGE

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

HUNGRY HORSE

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 & get one free kids meal all day, every day. FREE Crumpets also available

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

BILLS

2 kids eat FREE Monday - Friday from Monday 24th July - Friday 1st Sept 2023

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

SA BRAINS PUBS

Children can eat for £1 with any adult main. Valid All Day Wednesdays

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

YO! SUSHI

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

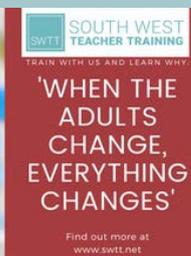
FUTURE INNS

Under 5s eat for free with any adult meal.

»Great Graduates in our Community
South West Teacher Training want to extend a thank you to West Exe School and our schools across Devon. We have had another successful year training new teachers who are ready to join our school communities for their first teaching posts. In challenging times since the pandemic, we love to see excited professionals beginning their careers in our wonderful schools. We will be open to new recruits again this October. Find out more about joining this fabulous profession at www.swtt.net.



Contact us: 01392 686165 swtt@westexe.devon.sch.uk www.swtt.net @swttexeter



Train with us!

- School Centered Initial Teacher Training (SCITT)
- Secondary and Primary
- PCGE and Qualified Teacher Status (QTS)
- Placement schools all over Exeter, Devon, Somerset and Cornwall
- Intensive support model
- Part of the Ted Wragg Trust
- Additional training hubs at Torquay (Secondary) and Plymouth (Secondary & Primary)
- Call us to discuss your options in more detail or visit our website!

Looking ahead

SUMMER TERM

Last day of term: Friday, 21 July 2023

AUTUMN TERM

Non-pupil staff development days

Term commences for Year 7 only

Term commences for Years 8, 9, 10 and 11

Monday, 4 - Tuesday, 5 September 2023

Wednesday, 6 September 2023

Thursday, 7 September 2023 (plus Year 7)

Half Term:

Term recommences

Non-pupil day/Staff Development Day

Last day of term

Monday, 23 October - Friday, 3 November 2023

Monday, 6 November 2023

Monday, 11 December 2023

Friday, 15 December 2023

West Exe School, Hatherleigh Road, Exeter, Devon EX2 9JU

T: 01392 660100

E: admin@westexe.devon.sch.uk

W: www.westexe.devon.sch.uk

Keep up-to-date and follow us on:



www.facebook.com/westexeschool



[@westexeschool](https://twitter.com/westexeschool)



[westexeschool](https://www.instagram.com/westexeschool)