

Year 11 Steps to Success

Student subject guide to support you with your
mocks

Weekly steps to guide your revision

Name: _____ Tutor: _____

Study skills session



Putting you on the path to success

This booklet has been designed to help you develop strategies to cope during year 11. As well as highlighting where you need to improve for the real exams, the mocks are a useful target to reflect on your current approach and think about whether you are giving yourself the best chance of success.

HOW PERFORMANCE READY ARE YOU?

Using the chart below, colour in each section to indicate where you are in each area. 1 is the lowest and means you really need to improve, 5 is the highest and means you are really happy with your performance.

	Physical Activity	
	Stress Management	
	Sleep	
	Study Habits & Homework	
	Nutrition	
Rest and Recovery (including hobbies and social time)		



You have 184 school days to make it count

When I leave school/college I want to be able to:

(tick all that apply)

- ☐ Get my own place
- ☐ Get a job I enjoy
- ☐ Earn decent money so I can buy nice things
- ☐ Go to University
- ☐ Go on holiday
- ☐ Learn how to drive/ride
- ☐ Get my own vehicle
- ☐ Explore new places

What career are you interested in?

What college course are you interested in?

True or false (circle):

- | | |
|--|-----------------|
| ▪ My behaviour was good in year 10 | (change to 1-4) |
| true/false | |
| ▪ I tried my hardest in year 10 | true/false |
| ▪ I got the mock grades I wanted | true/false |
| ▪ I want to do better in Year 11 | true/false |
| ▪ I want to make the people I care about proud | true/false |
| ▪ If I try harder, I will get better grades | true/false |

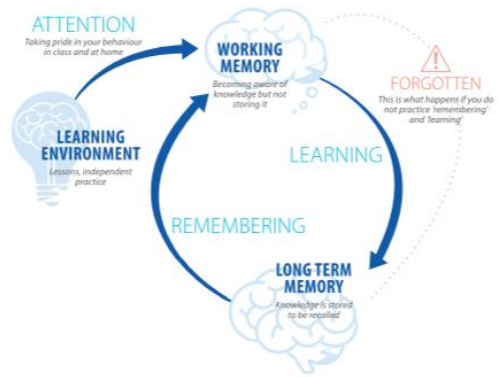
By the end of year 11 I will have achieved the following goals (be really specific):

1.

2.

3.

Memory: caring for our brain



1. Get enough sleep and exercise. Oxygen is food for your brain
2. Eat right – practice choosing food with good nutrition
3. Use your brain! Puzzles, reading, solving problems, storytelling, playing an instrument
4. Be motivated to learn – you must have a reason to remember
5. Think positive. Use positive self talk. This helps your attitude and openness to learning
6. If you smoke or vape, stop! It damages not only your lungs but also your brain.

State good habits you are going to start, or bad habits you are going to stop. If you write it down, you can use this to get support when times are tough!

Habit 1.

Habit 2.

Habit 3.

How are you going to create these habits (power of habits reference)

What do I do with my time?

Fill in each ½ hour section with the activity you do during that time. Use a colour key:

- ☐ Phone/friends
- ☐ TV/Computer games
- ☐ Sport/Leisure/Club
- ☐ Eating
- ☐ Extended practice
- ☐ Sleep

Time	Monday	Tuesday	Wednesday	Thursday	Friday
4:00pm					
4:30pm					
5:00pm					
5:30pm					
6:00pm					
6:30pm					
7:00pm					
7:30pm					
8:00pm					
8:30pm					
9:00pm					
9:30pm					
10:00pm					
10:30pm					
11:00pm					
11:30pm					

What activities do you do at the weekend?

Now create your own

(there is an example provided for you)

Make a provisional timetable for which topics you will cover each week. With a study timetable you are able to check that you are covering all subjects and are not running out of time.

- Aim to study a little every day (2 hours a day initially)
- Build in some unallocated study time because you may get a bit behind.
- Put the timetable up on the wall or fridge at home where everyone can see it. Ask your family to help you keep to it.
- If you find that you are repeatedly not sticking to your study timetable, find out why you are struggling to keep to it and rewrite it

Example study timetable:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8am	School	School	School	School	School	Out	Church
9am	School	School	School	School	School	Out	Church
10am	School	School	School	School	School	Out	Church
11am	School	School	School	School	School	Out	Homework
12pm	School	School	School	School	School	Out	Science
1pm	School	School	School	School	School	Lunch	Lunch
2pm	School	School	School	School	School	Homework	History
3pm	School	School	School	School	School	Homework	Break
4pm	Tea&TV	Period 6	Tea&TV	Period 6	Tea&TV	English	French
5pm	Homework	Tea&TV	Homework	Tea&TV	Homework	Art	Break
6pm	Maths	Football	History	Art	Out	Art	Science
7pm	English	Football	English	Art	Out	Break	Break
8pm	Science	Football	French	Maths	Out	Break	Maths

STUDY TIMETABLE TEMPLATE TERM TIME

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
8-9							
9-10							
10-11							
11-12							
12-1							
1-2							
2-3							
3-4							
4-5							
5-6							
6-7							
7-8							
8-9							
9-10							

STUDY TIMETABLE TEMPLATE HOLIDAY TIME

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
8-9							
9-10							
10-11							
11-12							
12-1							
1-2							
2-3							
3-4							
4-5							
5-6							
6-7							
7-8							
8-9							
9-10							

Time management. A key skill that every person needs in life

How can you help yourself to manage your time? Here is one example.

1. Write out your daily to do list the night before. Write everything you want to accomplish
2. Label each task A, B and C
3. A's on your list are those that are most important. Homework due, coursework, other jobs that must be done
4. B's on your list are urgent but less so than you're a's. These tasks are important but not urgent
5. C's do not require immediate attention. They are usually small easy jobs!

Avoid spending all your time on C's!. Sometimes we want to do the easier tasks first but stick to your schedule. Pin it up to remind you!

Create a schedule of activities of the weekend and label them A, B and C.

My schedule:

What happens in Year 11?

During Year 11, your schedule will likely be a busy one. Here's what typically happens:

- 1.Focused Learning:** Classes become more specialized as you prepare for GCSE exams. Teachers cover key topics in-depth, and you'll be expected to engage critically with the material.
- 2.Coursework and Assignments:** You'll complete coursework across various subjects, which contributes to your final grades. This may include essays, projects, or practical assessments.
- 3.Mock Exams:** You have 2 sets of mock exams (Nov and March) to give you the real GCSE experience. These help you identify strengths and areas needing improvement before the actual exams.
- 4.Revision and Study:** As exams approach, revision becomes crucial. You'll spend time reviewing notes, practicing past papers, and consolidating your understanding of each subject.
- 5.Support and Guidance:** Teachers and support staff are there to provide support, advice, and resources to help you succeed. Don't hesitate to reach out if you need assistance.

What do I revise?

- Your teachers have put together a cycle guide to help you know what to revise.
- This should help you with your time management as each subject is broken down into manageable chunks.
- If you miss a subject in a week, don't panic, just get back on track the next week. No one expects you to be perfect, we just want to help you go on to do great things.

Use the next few pages to think about your revision for the next cycle leading up to your first set of mocks in 11 weeks time.

Prioritise:

- Think about the topics to be revised in each subject in this booklet
- Prioritise your subjects. Decide what you know the least about or find difficult. DO that first!
- Don't waste time revision topics you know well
- Cross the weeks off to monitor the passing of time and to feel success.

Prioritising your studies

One of the biggest mistakes people make is to revise the subjects that they are most confident in. This is because, as people, we have a tendency to avoid the things we find the hardest. Use this space to prioritise which subjects you need to focus on. Take into account things like:

- a) Coursework – are you up to date, do you have any resits?
- b) Confidence in the subject. You will need to spend the most time on the subjects you are least confident in
- c) What you need for next steps. What does the college require you to get on top of English and maths

Prioritise them below (1 being the highest priority, 10 being the lowest). They use the subject pages to help you study.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Maths.

Week	Topic	Revise (bold type is higher tier)	Practice	Student tick once completed
1	Equations expressions and identities	Ensure you understand how to: - solve linear equations - expand single (and double) brackets - Solve inequalities	Sparx IL code: U325 & U179	
2	Formulae	Ensure you understand how to: - substitute into expressions - substitute into formulae	Sparx IL code: U325 & U179	
3	Ratio	Ensure you understand how to: - simplify ratios - share in a ratio - use equivalent ratios	Sparx IL code: U687, U577/ U595 & U753	
4	Ratio	Ensure you understand how to: - combine ratios -Solve problems with changing ratios	Sparx IL code: U921 & U865	
5	Proportion	Ensure you understand how to: - use proportional relationships - solve direct/indirect proportion problems -Use algebra to solve direct/indirect proportion problems	Sparx IL code: U721, U357, U407 & U138	
6	Venn diagrams	Ensure you understand how to: - complete a Venn diagram -find probabilities from Venn diagrams	Sparx IL code: U476	
7	Set Notation	Ensure you understand how to: - set notation -use set notation with Venn diagrams	Sparx IL code: U748 & U296	
8	Tree diagrams	Ensure you understand how to: - complete a tree diagram for independent events - calculate probability for independent events	Sparx IL code: U558	
9	Tree diagrams and frequency trees	Ensure you understand how to: - complete and use a frequency tree - complete a tree diagram for dependent events - calculate probability for	Sparx IL code: U280 & U729	
10	Tree diagrams and frequency trees	Ensure you understand how to: - complete and use a frequency tree - complete a tree diagram for dependent events - calculate probability for	Sparx IL code: U280 & U729	

English language

English				
Week	Topic	Revise	Practice	Student tick once completed
1	Eng lang paper 1 Qs 1 Section A	Look at example papers on Google classroom. Ensure you are writing in full sentences to answer this question.	Try out Q1 then mark your own with the mark schemes on GC	
2	Eng lang paper 1 Qs 1 Section A	Look at example papers on Google classroom. Ensure you are writing in full sentences to answer this question.	Try out Q1 and 4 and then mark your own with the mark schemes on GC	
3	AQA - Question 4 practice	Ensure you are looking at both sides of the statement and thinking about how far you agree.	Use the past papers on Google classroom. Use the markschemes to mark your own work	
4	AQA - Question 4 practice	look at example papers on Google classroom. Ensure you are looking at both sides of the statement and thinking about how far you agree.	Use the past papers on Google classroom. Use the markschemes to mark your own work	
5	Section A for AQA - Q3	Look at example papers on Google classroom. Think about the beginning, middle and end of the extract. How does the writers use structure to engage you as a reader?	Use the past papers on Google classroom. Use the markschemes to mark your own work	
6	AQA - Question 4 practice	Look at example papers on Google classroom. Ensure you are looking at both sides of the statement and thinking about how far you agree.	Use the past papers on Google classroom. Use the markschemes to mark your own work	
7	AQA question 2 and 3	Ensure that you are really focusing on your character and the image. Consider setting to open.	Use the past papers on Google classroom. Use the markschemes to mark your own work	
8	AQA Question 5	Look at example papers on Google classroom. Ensure you are looking at both sides of the statement and thinking about how far you agree. Ensure that you have a range of punctuation, sophisticated vocabulary and are using a wide range of sentence	Use the past papers on Google classroom. Use the markschemes to mark your own work	
9	AQA Question 5	Look at example papers on Google classroom. Ensure you are looking at both sides of the statement and thinking about how far you agree. Ensure that you have a range of punctuation, sophisticated vocabulary and are using a wide range of sentence types.	Use the past papers on Google classroom. Use the markschemes to mark your own work	
10	AQA Question 5	Look at example papers on Google classroom. Ensure you are looking at both sides of the statement and thinking about how far you agree. Ensure that you have a range of punctuation, sophisticated vocabulary and are using a wide range of sentence types.	Use the past papers on Google classroom. Use the markschemes to mark your own work	

Combined Science (Foundation)

Week	Topic	Revise	Practice	Student tick once completed
1	Biology paper 1	The immune system	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is wh5ac4h	
2	Chemistry paper 1	States of matter	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is wh5ac4h	
3	Chemistry and Physics papers 1+2	Atomic structure	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is wh5ac4h	
4	Chemistry papers 1+2	Writing word equations and balancing equations	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is wh5ac4h	
5	Physics papers 1 + 2	Energy calculations (kinetic and Gravitational potential energy)	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is wh5ac4h	
6	Physics paper 1	Types of ionising radiation	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is wh5ac4h	
7	Physics paper 1	Types of waves - longitudinal and transverse	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is wh5ac4h	
8	Biology papers 1+2	Animal and plant cells	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is wh5ac4h	
9	Chemistry papers 1+2	Calculating relative formula mass	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is wh5ac4h	
10	Biology papers 1+2	Enzymes - how they work and which factors affect their rate of reaction	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is wh5ac4h	

Combined Science (Higher)

Week	Topic	Revise	Practice	Student tick once completed
1	Biology paper 1	The immune system	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is d6xkam5	
2	Chemistry paper 1	States of matter	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is d6xkam6	
3	Chemistry and Physics papers 1+2	Atomic structure	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is d6xkam7	
4	Biology paper 1	Immunisation	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is d6xkam8	
5	Physics paper 1	Energy Calculations	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is d6xkam8	
6	Physics paper 1	momentum	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is d6xkam9	
7	Physics paper 1	momentum and collisions	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is d6xkam10	
8	Biology paper 1	movement of substances - osmosis, active transport and diffusion	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is d6xkam11	
9	Chemistry papers 1+2	writing word equations and balancing equations	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is d6xkam12	
10	Chemistry papers 1+ 2	conservation of mass and calculating reacting masses	Use your 'just one thing' revision booklet and the other resources on google classrooms to revise this topic. GC code is d6xkam13	

History

Week	Topic	Revise	Practice	Student tick once completed
1	Medicine unit 2 / Germany unit 2	Complete both quizzes on google classroom in preparation for an in-class test on one.	Repeat each quiz until you score full marks on both.	
2	Elizabeth unit 1 / Medicine unit 3	Complete both quizzes on google classroom in preparation for an in-class test on one.	Repeat each quiz until you score full marks on both.	
3	Elizabeth unit 2 / Germany unit 3	Complete both quizzes on google classroom in preparation for an in-class test on one.	Repeat each quiz until you score full marks on both.	
4	Medicine unit 1 / Germany unit 2	Complete both quizzes on google classroom in preparation for an in-class test on one.	Repeat each quiz until you score full marks on both.	
5	Germany, 1918-1939	Use Google Classroom to review the course.	Watch the 'Nutshell' videos and complete all 4 quizzes	
6	Medicine Through Time	Use Google Classroom to review the course.	Watch the 'Nutshell' videos and complete all 4 quizzes	
7	Medicine unit 4 / Germany unit 3	Complete both quizzes on google classroom in preparation for an in-class test on one.	Repeat each quiz until you score full marks on both.	
8	Medicine units 3 and 4	Complete both quizzes on google classroom in preparation for an in-class test on one.	Repeat each quiz until you score full marks on both.	
9	Elizabeth unit 3 / Germany unit 2	Complete both quizzes on google classroom in preparation for an in-class test on one.	Repeat each quiz until you score full marks on both.	
10				

Google Classroom code: vcnd4i7

- **Cold War (International relations):** Make notes on the consequences of each event, not just what happened. The big questions are on the consequences of an event and the importance of events. The importance of an event can be its consequences!
- **Weimar and Nazi Germany:** Ensure you know how to answer the 16 mark question asking you how far you agree with interpretation 2. You must spend almost half the essay discussing Interpretation 1. Don't get caught out!

Geography

Week	Topic	Revise	Practice	Student tick once completed
1				
2				
3	Paper 1 - Hazards	Tectonics including Haiti and Christchurch case studies	Google classroom code pnogxmd; Cycle 1 - MOCK Paper 1 revision material; AQA Online textbook for questions	
4	Paper 1 - Hazards	Tropical Storms including Typhoon Haiyan case study	Google classroom code pnogxmd; Cycle 1 - MOCK Paper 1 revision material; AQA Online textbook for questions	
5	Paper 1 - Hazards	Climate Change including Somerset Levels case study	Google classroom code pnogxmd; Cycle 1 - MOCK Paper 1 revision material; AQA Online textbook for questions	
6	Paper 1 - Landscapes	Rivers including River Exe	Google classroom code pnogxmd; Cycle 1 - MOCK Paper 1 revision material; AQA Online textbook for questions	
7	Paper 1 - Landscapes	Coasts including Dawlish Warren	Google classroom code pnogxmd; Cycle 1 - MOCK Paper 1 revision material; AQA Online textbook for questions	
8	Paper 1 - Living world	Tropical Rainforests including Malaysia case study	Google classroom code pnogxmd; Cycle 1 - MOCK Paper 1 revision material; AQA Online textbook for questions	
9	Paper 1 - practice paper	In Google classroom	Google classroom code pnogxmd; Cycle 1 - MOCK Paper 1 revision material	
10				

Google Classroom code: pnogxmd

- Practise map reading skills.
- Practise describing photos/diagrams: name the feature shown, describe how they formed, what processes are taking place in the photo.
- Learn key words.
- Learn case studies: location, date, what happened, impact, number of people affected.

Spanish

Week	Topic - lesson focus	Revise	Practice	Student tick once completed
1	"Technology in Everyday Life Free-Time Activities"	PROFS+ and vocabulary on quizlet (on Year 11 Google Classroom (class code: xd265ty)	PROFS+ and vocabulary on quizlet (on Year 11 Google Classroom (class code: xd265ty)	
2	Customs and Traditions	PROFS+ and vocabulary on quizlet (on Year 11 Google Classroom (class code: xd265ty)	PROFS+ and vocabulary on quizlet (on Year 11 Google Classroom (class code: xd265ty)	
3	Theme 1 SPEAKING PREP & exam skills practice	How to revise for your Spanish GCSE classwork task (on Year 11 Google Classroom class code: xd265ty)	Practise and memorise the Spanish general conversation speaking questions and answers in your speaking preparation booklet.	
4	"Theme 1 SPEAKING PREP & exam skills practice"	GCSE key verb and Grammar practice task (on Year 11 Google Classroom class code: xd265ty)	Practise and memorise the Spanish general conversation speaking questions and answers in your speaking preparation booklet.	
5	Theme 1 SPEAKING PREP & exam skills practice	Writing Practice task (on Year 11 Google Classroom class code: xd265ty)	Practise and memorise the Spanish general conversation speaking questions and answers in your speaking preparation booklet.	
6	Theme 1 SPEAKING PREP & exam skills practice	Theme 2 Reading and Listening Spanish revision on Year 11 Google Classroom (class code: xd265ty)	Practise and memorise the Spanish general conversation speaking questions and answers in your speaking preparation booklet.	
7	Theme 1 SPEAKING PREP & exam skills practice	Theme 3 Reading and Listening Spanish revision on Year 11 Google Classroom (class code: xd265ty)	Practise and memorise the Spanish general conversation speaking questions and answers in your speaking preparation booklet.	
8	Theme 1 Speaking mock exams	Theme 1 Reading and Listening Spanish revision on Year 11 Google Classroom (class code: xd265ty)	Past paper questions provided by your teacher	
9	Theme 1 Speaking mock exams	Theme 1 Reading and Listening Spanish revision on Year 11 Google Classroom (class code: xd265ty)	Past paper questions provided by your teacher	
10				

Computer Science

Week	Topic	Revise	Practice	Student tick once completed
1	Component 1	1.1 - System Architecture	CSUK:Revise section 1,2 & 3	
2	Component 1	1.2 - Memory & Storage	CSUK:Revise section 4 - 7	
3	Component 1	1.2 Memory & Storage	CSUK:Revise section 8-11	
4	Component 1	1.3 Computer Networks	CSUK:Revise section 12 & 13	
5	Component 1	1.3 - Connections and Protocols	CSUK:Revise section 14	
6	Component 1	1.4 - Network Security	CSUK:Revise section 15	
7	Component 1	1.5 - System software	CSUK:Revise section 16 & 17	
8	Component 1	1.6 - Ethical, legal, cultural and environmental impacts of digital technology	CSUK:Revise section 18	
9	June 23 past paper	June 23 past paper	Google classroom under past papers topic	
10	June 23 past paper	June 23 past paper	Google classroom under past papers topic	

- Answer past exam papers. Use mark schemes to analyse your answers. Use Quizlet or Seneca learning to test yourself on key words. Other useful revision sites are <https://www.bbc.co.uk/bitesize/subjects/z34k7ty>
<https://student.craigndave.org/>

Mark Band 3—High Level (6-8 marks):

Demonstrate thorough knowledge and understanding of a wide range of considerations in relation to the question. Show that you are able to apply your knowledge and understanding directly and consistently to the context provided. Evidence/examples will be explicitly relevant to the explanation. Weigh up both sides of the discussion and includes reference to the impact on all areas showing thorough recognition of influencing factors. Well-developed line of reasoning which is clear and logically structured. Information presented is relevant and substantiated.

Art

Week Beg	Topic	Revise	Practice	Student tick once completed
1	Coursework	Individual tasks set on Google classroom linked to independent project.	Completed practical tasks. Attendance at after school Art on Wednesday and Friday.	
2	Coursework	Individual tasks set on Google classroom linked to independent project.	Completed practical tasks. Attendance at after school Art on Wednesday and Friday.	
3	Coursework	Individual tasks set on Google classroom linked to independent project.	Completed practical tasks. Attendance at after school Art on Wednesday and Friday.	
4	Coursework	Individual tasks set on Google classroom linked to independent project.	Completed practical tasks. Attendance at after school Art on Wednesday and Friday.	
5	Coursework	Individual tasks set on Google classroom linked to independent project.	Completed practical tasks. Attendance at after school Art on Wednesday and Friday.	
6	Coursework	Individual tasks set on Google classroom linked to independent project.	Completed practical tasks. Attendance at after school Art on Wednesday and Friday.	
7	Coursework	Final Piece Plan ahead of mock	Completed practical tasks. Attendance at after school Art on Wednesday and Friday.	
8	Coursework	Final Piece Plan ahead of mock	Completed practical tasks. Attendance at after school Art on Wednesday and Friday.	
9	Coursework	Evaluation of final piece and mock exam	Completed practical tasks. Attendance at after school Art on Wednesday and Friday.	
10	Coursework	Evaluation of final piece and mock exam	Completed practical tasks. Attendance at after school Art on Wednesday and Friday.	

- Complete as much independent work outside of lesson time as possible.
- Make sure your project 'flows' and is supported by annotation.
- Ensure all studies are well refined throughout all boards to maximise your marks in each assessment objective.
- Make sure you have spent the time in trialling your outcome through initial/ final ideas.
- Create an exam plan ahead of the day and ensure you are fully prepared with images, printouts, outlines and backgrounds before the commence of your sustained time period.

Business

Week Beg	Topic	Revise	Practice	Student tick once completed
1	Theme 2: Making operational decisions	Business operations	Use this link to revise and complete the test: https://www.bbc.co.uk/bitesize/guides/zhs4gwx/revision/1	
2	Theme 2: Making operational decisions	Working with suppliers	Use this link to revise and complete the test: https://www.bbc.co.uk/bitesize/guides/zb42jhv/revision/1	
3	Theme 2: Making operational decisions	Managing quality	Use this link to revise and complete the test: https://www.bbc.co.uk/bitesize/guides/z763f4j/revision/1	
4	Theme 2: Making operational decisions	The sales process	Use this link to revise and complete the test: https://www.bbc.co.uk/bitesize/guides/zvc7wtv/revision/1	
5	Theme 2: Making financial decisions	Business calculations	Use this link to revise and complete the test: https://www.bbc.co.uk/bitesize/guides/zd2fpg8/revision/1	
6	Theme 2: Making financial decisions	Understanding business performance	Use this link to revise and complete the test: https://www.bbc.co.uk/bitesize/guides/zms4gwx/revision/1	
7	Theme 2: Making marketing decisions	Products	Use this link to revise and complete the test: https://www.bbc.co.uk/bitesize/guides/z63847h/revision/1	
8	Theme 2: Making marketing decisions	Price	Use this link to revise and complete the test: https://www.bbc.co.uk/bitesize/guides/zn47wtv/revision/1	
9	Theme 2: Making marketing decisions	Promotion	Use this link to revise and complete the test: https://www.bbc.co.uk/bitesize/guides/zvjhxyv/revision/1	
10				

- Check you know the meaning of the different command words: e.g. state (give a brief answer), define (define key word and give an example) calculate/solve (show your working out), explain (use sequence of logic if applicable) and evaluate (provide a balanced answer discussing the advantages & disadvantages using a MOPS in your conclusion).
- Go over all the practice papers ensuring you time yourself to the 1 minute per mark rule.
- Avoid repeating the question in your first sentence. By doing this on every question you are writing another 2 A4 sides of work which scores you 0 marks which is the main reason why students do not finish the paper.

Citizenship

Week Beg	Topic	Revise	Practice	Student tick once completed
1	Rights and responsibilities	1. Complete the "Question a day" tasks for this week. 2. Complete the Cornell notes for this topic. 3. Watch the Section 1 revision video. 4. (Optional) Listen to the audio files for this topic. (Video and audio files are on Google Classroom: Code = 7hfwmv7)	2018 Paper 1: Section A (in revision folder)	
2	The Law	1. Complete the "Question a day" tasks for this week. 2. Complete the Cornell notes for this topic. 3. Watch the Section 1 revision video. 4. (Optional) Listen to the audio files for this topic. (Video and audio files are on Google Classroom: Code = 7hfwmv7)	2018 Paper 1: Section C (in revision folder)	
3	The legal system in England and Wales	1. Complete the "Question a day" tasks for this week. 2. Complete the Cornell notes for this topic. 3. Watch the Section 1 revision video. 4. (Optional) Listen to the audio files for this topic. (Video and audio files are on Google Classroom: Code = 7hfwmv7)	2018 Paper 3: Sections A and B (in revision folder)	
4	Identities and diversity in UK society	1. Complete the "Question a day" tasks for this week. 2. Complete the Cornell notes for this topic. 3. Watch the Section 3 revision video. 4. (Optional) Listen to the audio files for this topic. (Video and audio files are on Google Classroom: Code = 7hfwmv7)	2018 Paper 3: Sections C and D (in revision folder)	
5	The UK and its relations with the wider world	1. Complete the "Question a day" tasks for this week. 2. Complete the Cornell notes for this topic. 3. Watch the Section 3 revision video. 4. (Optional) Listen to the audio files for this topic. (Video and audio files are on Google Classroom: Code = 7hfwmv7)	2019 Paper 1: Section A (in revision folder)	
6	Rights and responsibilities	1. Complete the "Question a day" tasks for this week. 2. Complete the spec-based questions for this topic. 3. Watch the Section 1 revision video. 4. (Optional) Listen to the audio files for this topic. (Video and audio files are on Google Classroom: Code = 7hfwmv7)	2018 Paper 1: Section C (in revision folder)	
7	The law and legal system	1. Complete the "Question a day" tasks for this week. 2. Complete the spec-based questions for these topics. 3. Watch the Section 1 revision video. 4. (Optional) Listen to the audio files for these topics. (Video and audio files are on Google Classroom: Code = 7hfwmv7)	2018 Paper 3: Sections A and B (in revision folder)	
8	Identities and diversity in UK society	1. Complete the "Question a day" tasks for this week. 2. Complete the spec-based questions for this topic. 3. Watch the Section 3 revision video. 4. (Optional) Listen to the audio files for this topic. (Video and audio files are on Google Classroom: Code = 7hfwmv7)	2018 Paper 3: Sections C and D (in revision folder)	
9	The UK and its relations with the wider world	1. Complete the "Question a day" tasks for this week. 2. Complete the spec-based questions for this topic. 3. Watch the Section 3 revision video. 4. (Optional) Listen to the audio files for this topic. (Video and audio files are on Google Classroom: Code = 7hfwmv7)	Practice Paper (Paper 3) whole exam (in revision folder)	
10				

Performing arts

Week	Topic	Revise	Practice	Student tick once completed
1	Comp 1 (if necessary)	Look over Cinderella Coursework and look at headings	Compare your work to the high mark example on Google classroom	
2	Comp 2	Choose a skill and ensure that your rehearsal matches it	Rehearse for scripted performance	
3	Comp 2	Prepare for Milestone Rehearsal 1	Rehearse for scripted performance	
4	Comp 2	Review Milestone 1 and set targets for improvement of specific skills	Rehearse for scripted performance	
5	Comp 2	Choose a skill and ensure that your rehearsal matches it	Rehearse for scripted performance	
6	Comp 2	Prepare for Milestone Rehearsal 2	Rehearse for scripted performance	
7	Comp 2 and Comp 1	Review Milestone 2 and set targets for improvement of specific skills/Comp 1 resubmission deadline	Rehearse for scripted performance	
8	Comp 2	Prepare for final performance	Final Rehearsals	
9	Comp 2	Complete Written Evaluations	submit final work	
10				

Food and Nutrition

Week	Topic	Revise	Practice	Student tick once completed
1	NEA Introduction	Research your chosen topic, and complete plan of action to inform your first investigation.	prepare for your first practical investigation	
2	NEA research	complete research and create hypotheses. Carry out investigation 1	Revise coagulation in cooking	
3	NEA	Write up investigation one and add photos	Revise Carbohydrates as a macronutrient and suagr types	
4	NEA	Plan second investigation and hypothesis	Revise funcions of ingredeints in pastry	
5	NEA	Plan second investigation	Revise Sauce making	
6	NEA	Carry out second invetigation	Revise Vitamin C, D and A	
7	NEA	Write up investigation two and add photos	Revise cooking methods	
8	NEA	Create a table of results and add photos in your work	Revise cooking methods	
9	NEA	Summarise and conclude your investigations linked back to your research	Summarise and complete investigation	
10				

- Use subject specific key words within your written answers.
- Check the available marks before answering the question as this will indicate how many points you need to make.
- Check on the eduqas website for past papers to familairise yourself with the style of questions and language used.
- Ensure you are confident in the following subject areas
 - Macronutrients needed by the body.
 - Functions and sources of carbohydrate, protein and fat.
 - Consequences of malnutrition from carbohydrate, protein and fat.

Design Technology

Week	Topic	Revise	Practice	Student tick once completed
1	NEA section C Design Ideas	Read through guidance content and examples on Google Classroom	Sketch and CAD draw at least 6 alternative design ideas which meet your clients requirements and solve the problem you have identified	
2	NEA section C Design Ideas	Read through guidance content and examples on Google Classroom	Create at least two design ideas pages in your ePortfolio	
3	NEA section C Design Ideas	Read through guidance content and examples on Google Classroom	Create at least two design ideas pages in your ePortfolio	
4	NEA section C Design Ideas	Read through guidance content and examples on Google Classroom	Complete your evaluation of design ideas against your client requirements and specification; chooser chart	
5	NEA section D Design Development	Read through guidance content and examples on Google Classroom	Take your two selected ideas to develop into a final product	
6	NEA section D Design Development	Read through guidance content and examples on Google Classroom	Include what materials you are considering and explain why	
7	NEA section D Design Development	Further research: materials, manufacturing processes, standard components	Consider and list what finishes, standard components and manufacturing processes you will use	
8	NEA section D Design Development	Further research: materials, manufacturing processes, standard components	Consider and list what finishes, standard components and manufacturing processes you will use	
9	NEA section D Design Development	Technical details; manufacturing specification	Produce a detailed manufacturing specification	
10				

Google Classroom code: kbj6lvm

- Pace yourself between deadlines and attend catch up sessions between lessons.
- Take independence in leading your directed project but speak with your teacher if you need further advice and guidance.
- Follow the exam plan and checklist to ensure the assessment objectives are met.

Health and Social care

You should be focusing on your coursework this cycle

Week	Topic	Revise	Practice	Student tick once completed
1	Component 3 Health and Wellbeing	Introduction to Health and Wellbeing	Learning Aim A-Intro to health and wellbeing ppt	
2	Component 3 Health and Wellbeing	Health Indicators	Learning Aim B- Health Indicators ppt	
3	Component 3 Health and Wellbeing	Resting Heart Rate	Learning Aim B- Resting Heart Rate ppt	
4	Component 3 Health and Wellbeing	Blood Pressure	Learning Aim B - Blood Pressure	
5	Component 3 Health and Wellbeing	BMI	Learning Aim B- BMI	
6	Component 3 Health and Wellbeing	Interpreting Health Indicators	Learning Aim B - Interpreting Health Indicators	
7	Component 3 Health and Wellbeing	Person Centred Approach	Learning Aim C- Person Centred Care	
8	Component 3 Health and Wellbeing	The Importance of Person Centred Care	Learning Aim C- Person Centred Care and the Importance	
9	Component 3 Health and Wellbeing	Recommendations and Actions to Support	Learning Aim C- Supporting Individuals	
10	Component 3 Health and Wellbeing	Barriers to Accessing Support	Learning Aim- All Barriers	

Sport Studies

Week	Topic	Revise	Practice	Student tick once completed
1	R185: Performance and Leadership	Topic Area 2: Measuring Improvement in Performance	Complete analysis of skill and tactical strengths and weaknesses for your chosen sport.	
2	R185: Performance and Leadership	Topic Area 2: Measuring Improvement in Performance	Write up of two practical drills for your two identified skill weaknesses. For each drill include four progressions which increase in difficulty.	
3	R185: Performance and Leadership	Topic Area 2: Measuring Improvement in Performance	Ensure you have identified within your assignment which type of practice method your drills are (fixed, variable, part, whole).	
4	R185: Performance and Leadership	Topic Area 2: Measuring Improvement in Performance	Identify and discuss the methods of analysis for your training (video analysis, competition results).	
5	R185: Performance and Leadership	Topic Area 2: Measuring Improvement in Performance	Add details of your training to your logbook to evidence your improvement in performance.	
6	R185: Performance and Leadership	Topic Area 2: Measuring Improvement in Performance	Add details of your training to your logbook to evidence your improvement in performance.	
7	R185: Performance and Leadership	Topic Area 2: Measuring Improvement in Performance	Add details of your training to your logbook to evidence your improvement in performance.	
8	R185: Performance and Leadership	Topic Area 2: Measuring Improvement in Performance	Evaluate your training programme and discuss whether you have improved your identified weaknesses. Consider how you might alter your training in the future.	
9	R185: Performance and Leadership	Topic Area 2: Measuring Improvement in Performance	Evaluate your training programme and discuss whether you have improved your identified weaknesses. Consider how you might alter your training in the future.	
10				

GCSE PE

Week	Topic	Revise	Practice	Student tick once completed
1	AOP	Aerobic & Anaerobic Energy systems - Methods of Training	Application: Explain how you use these in your sport to make you effective - which method of training do you need to target? - Seneca Learning task	
2	AOP	The training session - warm up and cool down	Using your chosen training method explain how you would structure the session - what you would be doing - sample session - Seneca Learning task	
3	AOP	Applying the principles of Training - SPORT- FITT	Explain how you would apply the PoT to your training - how would you see the sessions develop over time. Apply each principle and explain using examples. - Seneca Learning task	
4	AOP	Sport Psychology - Arousal and Motivation in Sport	How does arousal and motivation help your skill development? What techniques can you use to help improve your skill development? Seneca Learning task	
5	AOP	Sport Psychology - Guidance and Feedback	How does guidance and feedback help your skill development? What techniques can you use to help improve your skill development? Seneca Learning task	
6	AOP	Goal setting - SMART targets	How does goal setting help improvement in your skill weakness?	
7	AOP	Review draft and make improvements	Final draft submission	
8	Circulatory system	The circulatory system - Short and Long term effects of exercise	Seneca Learning	
9	Respiratory system	The respiratory system - Short and long term effects of exercise	Seneca Learning	
10				

Photography

Week	Topic	Task to be Completed	Practice	Student tick once completed
1	Coursework	2nd/3rd artist research - edits & experimentation	Develop your work & learn new skills	
2	Coursework	3rd/4th artist research - plan photoshoots/develop ideas	Photoshoot	
3	Coursework	3rd/4th artist research - edits & experimentation	A series of edits produced in response to your artist research	
4	Coursework	Create a visual journey - next steps planning and working towards a final piece	Plan how you will combine the skills you have learnt	
5	Coursework	Half-term	All work completed and up to date	
6	Coursework	Half-term	Take photos for mock	
7	Coursework	Preparation for mock	Ideas sketched out and final piece idea trials	
8	MOCK	Develop a final piece(s)	Present final piece(s) and evaluation of work	
9	Coursework Completion	Return to previous coursework topics: Natural Forms & Portraits	Complete work ready for submission	
10				

Make sure every day is a school day – Punctuality is key!



EVERY SCHOOL DAY COUNTS

**BE
AT
CLASS
ON
TIME
AND
READY
TO
LEARN!**

0 days off school	100%	Perfection
Equates to 2 days off School each year	99%	Excellent
Equates to 5 days off School each year	97%	Good
Equates to 10 days off School each year	95%	Slight Concern
Equates to 20 days off School each year	90%	Concerned
Equates to 30 days off School each year	85%	Very Concerned



5 days absence over the whole year 97% - 100% Good chance of success and progress	20 days absence over the whole year 90% Less chance of success Harder to make progress	20+ days absence over the whole year Under 90% Detrimental to success and progress
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LATENESS = LOST LEARNING



5 MINS EACH DAY = 3 DAYS LOST!
10 MINS LATE EACH DAY = 6.5 DAYS LOST!
15 MINS LATE EACH DAY = 10 DAYS LOST!
20 MINS LATE EACH DAY = 13 DAYS LOST!
30 MINS LATE EACH DAY = 19 DAYS LOST!